

Dual Energy Imaging and the use of MOSFETs in estimating organ doses in CT

The basics and practicalities.....

Rob Loader

Directorate of Healthcare Science
& Technology
Plymouth Hospitals NHS Trust

Adel Alzeanidi (MSc Medical
Physics, University of Surrey)



Introduction

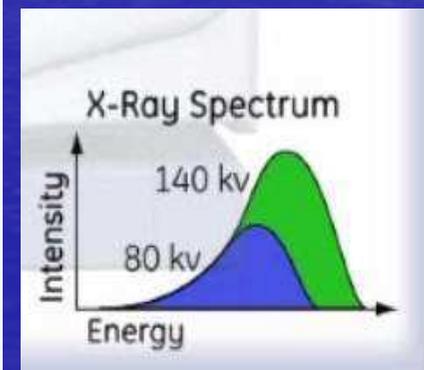
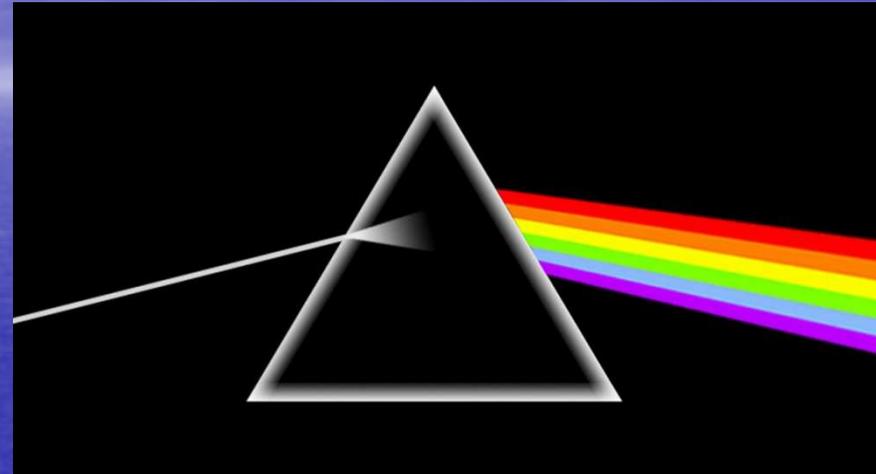
- Brief intro to Dual Energy imaging (GE)
- “The bigger picture” (Justification of DE?)
- Practical use of MOSFETS (are they good enough for CT??)
- ImPACT dose estimates (cardiac)
- Atom phantom organ doses (cardiac)
- Discussion

What is Dual Energy Imaging? Gemstone Spectral Imaging (GE)

- In GSI, Monochromatic images are normalised to that of one of the base materials (usually water)
- Base pairs for the majority of GSI are normally Water and Iodine
- User may (e.g. for research) import attenuation data for other base pair materials (e.g Calcium) for comparison.

The Future: Full Spectral CT

- The x-ray beam is polychromatic - range of energies at any kV
- ~~Advanced detectors can separate the component energies~~
- Gemstone spectral Imaging™ (GE 750HD)
 - Fast kVp switching (0.5 milliseconds) between 80 and 140 kV
 - Can separate data from 101 different energies
 - Improved tissue discrimination



Formation of the Monochromatic image

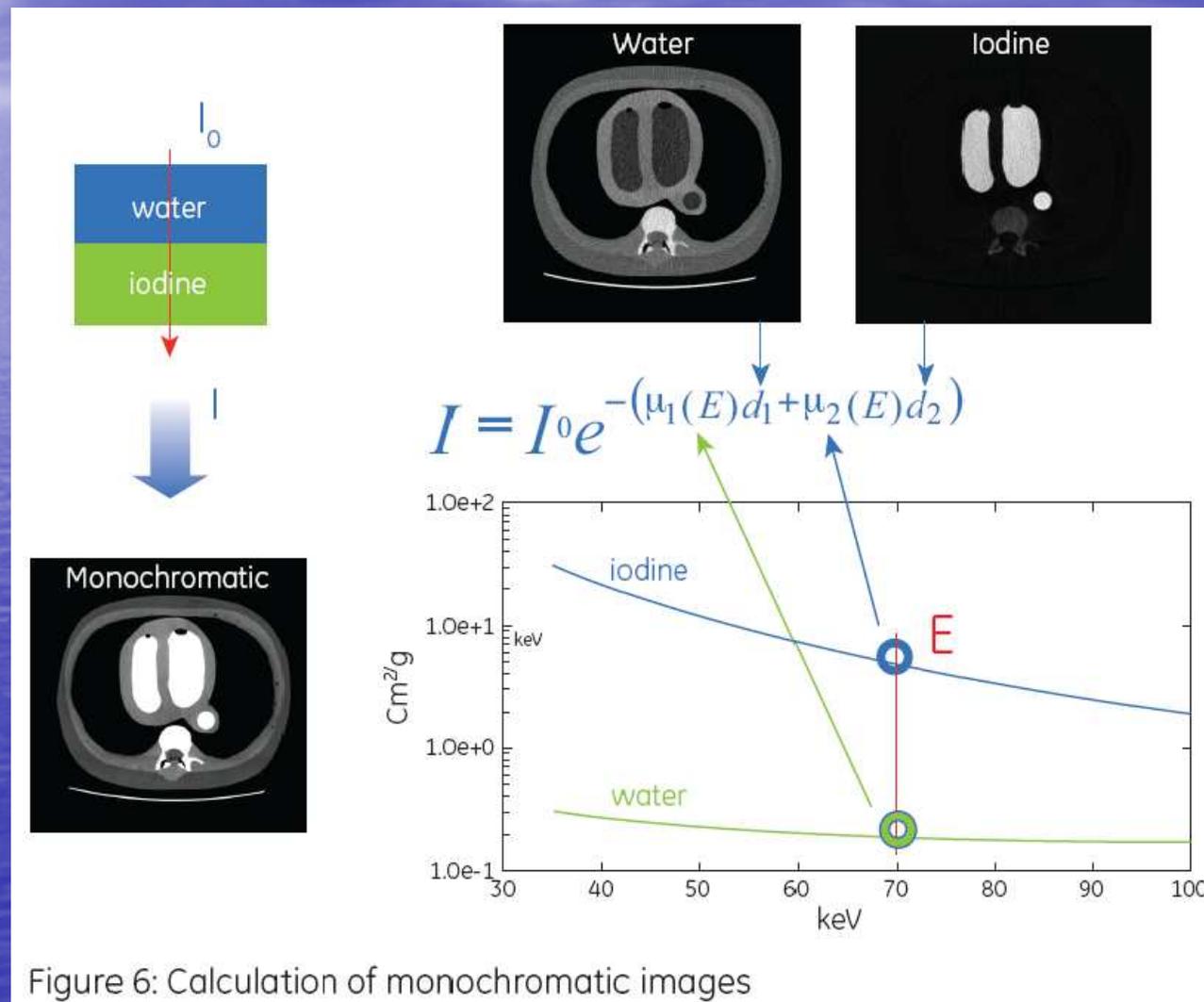


Figure 6: Calculation of monochromatic images

A potential use....

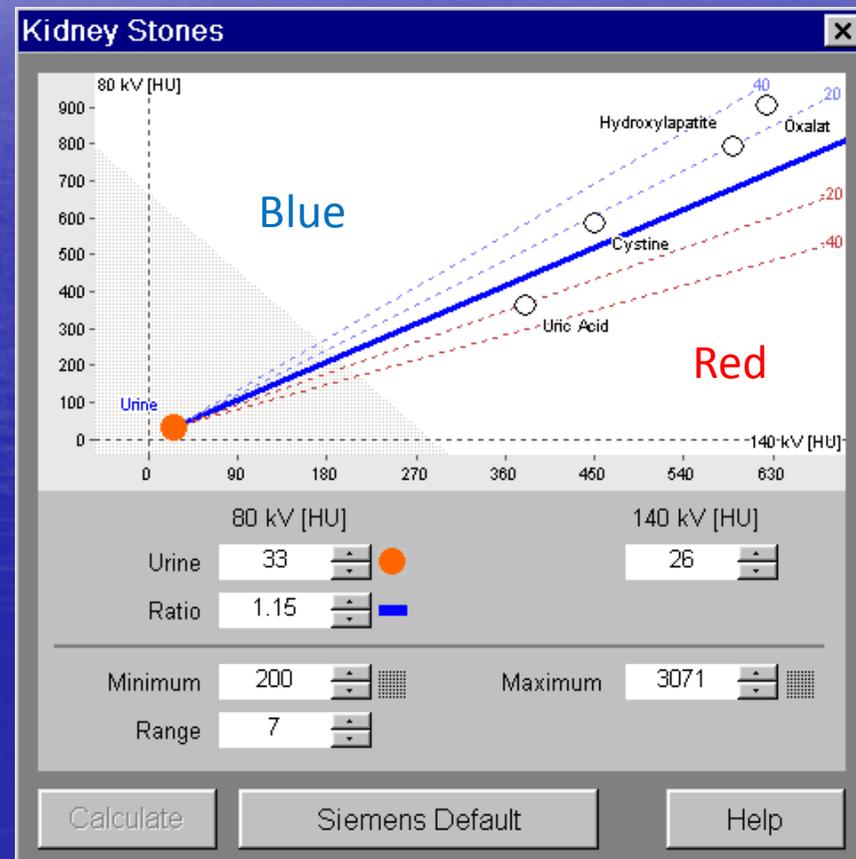


Sophonisba Receiving the Poisoned Chalice: Simon Vouet c. 1623

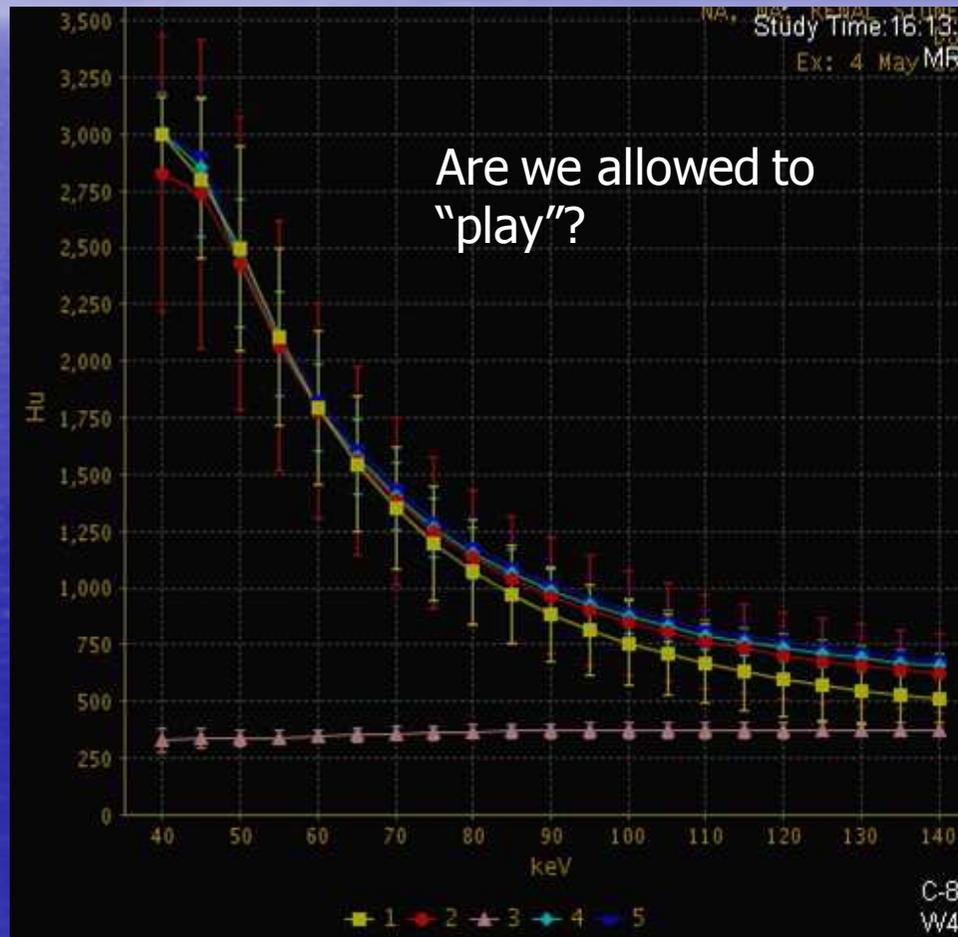
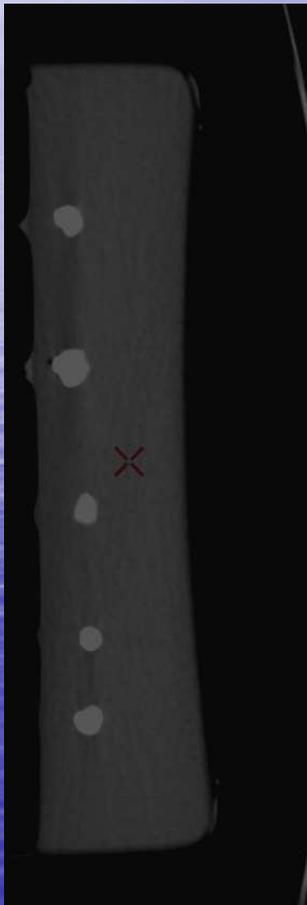


DECT in Clinical Practice: Uric acid stone characterisation

- Siemens – Somatom Definition
 - Limited DE acquisition through stone (following CT KUB)
 - 80 and 140 kVp single breath-hold acquisition
 - Automated calculation of attenuation differences for each voxel
 - Ratio (slope of reference line) represents threshold between uric acid and other stones
 - Result displayed in colour: uric acid red, non uric acid blue

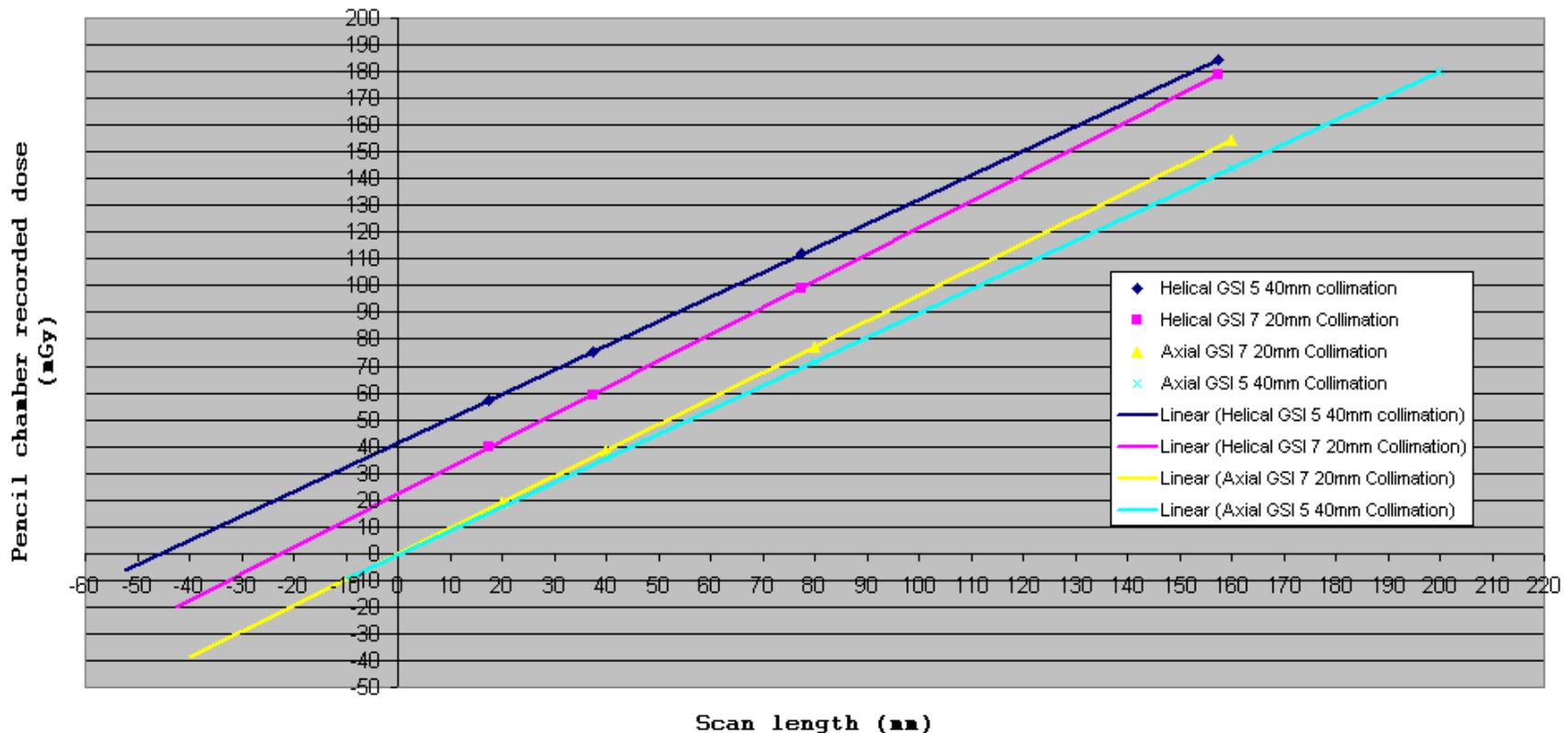


GE...GSI (Showing renal stones in phantom)



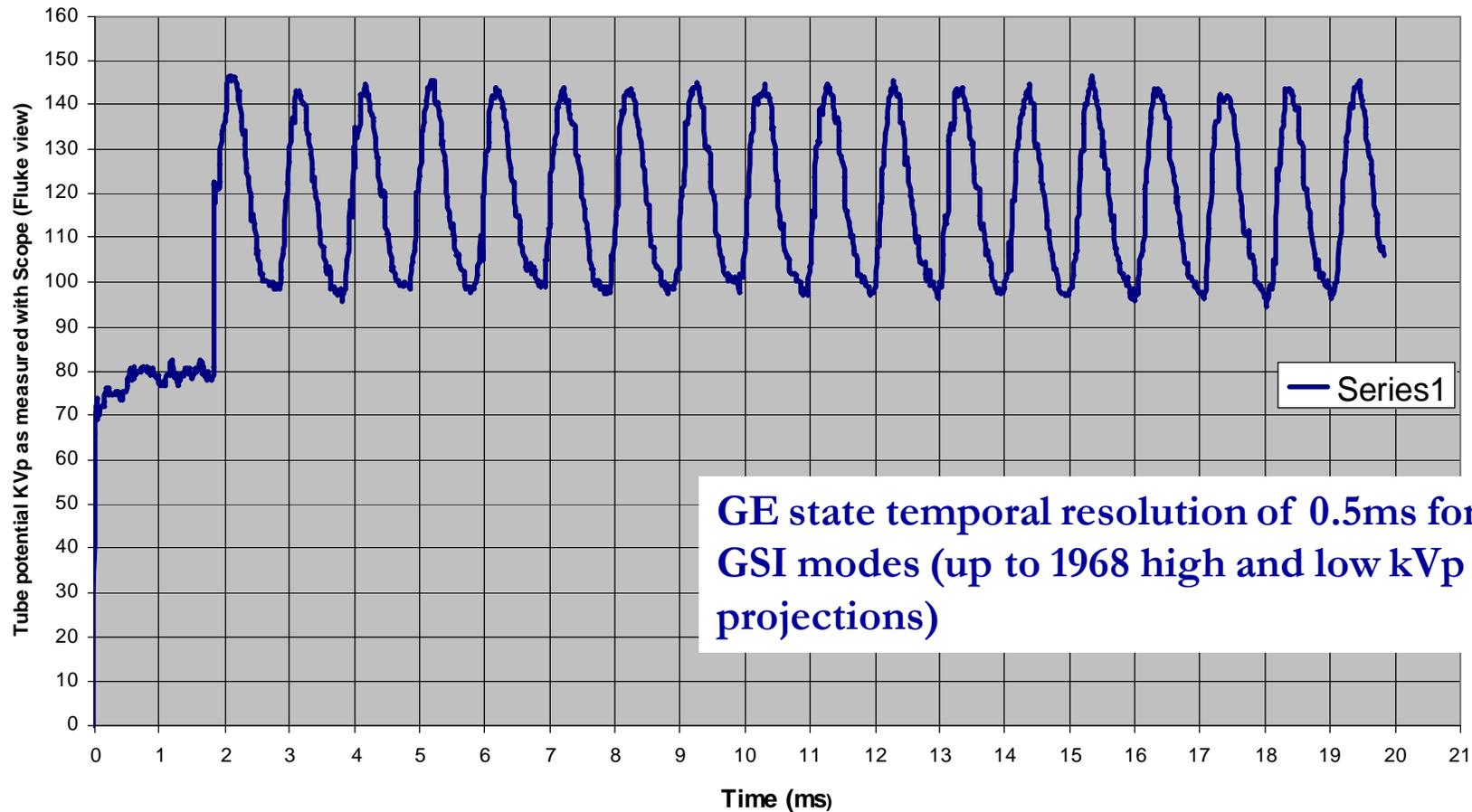
Don't forget the basics!

GEHD750 overscan measurements (Optimisation of small scan length scans) All for 1s rotation time, 600mA, Large body bowtie filter.



GSI –Initial measurements 1

Graph shows GSI waveform for initial 20ms of a 1s exposure on GEHD750 CT Scanner Derriford Hospital. Engineering mode, stationary tube, 150mA, air filter, KV duty 70%, Trig Duty 70%,KV skew -95%(Default Engineering mode). Note one "cycle" is ~ 1ms.



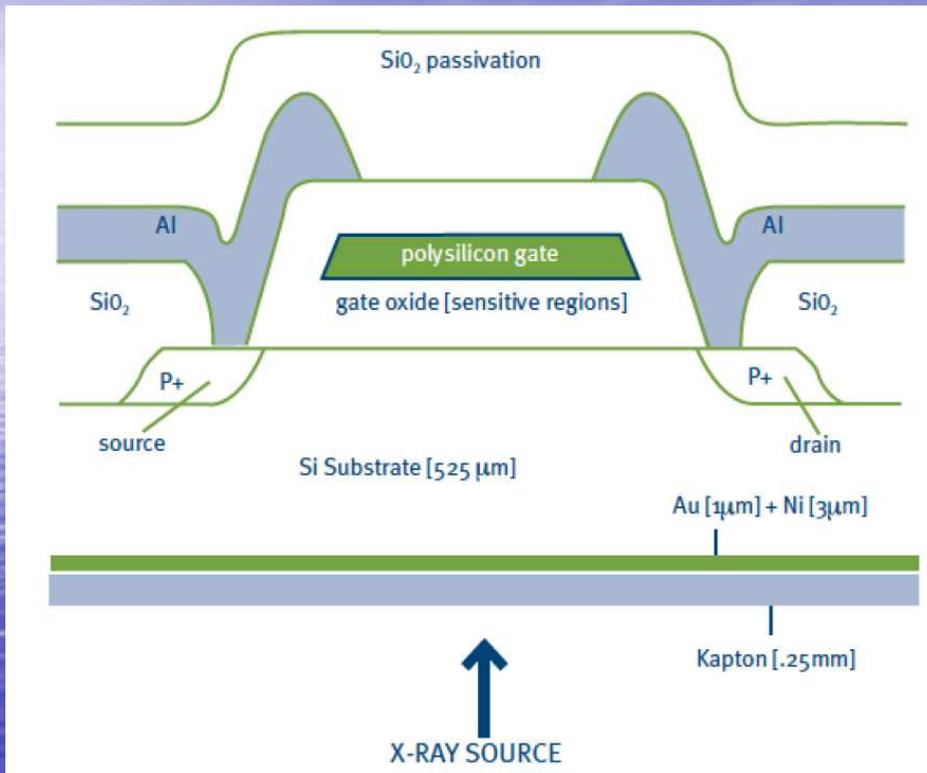
MOSFETS (practicalities)

- TN-502RD dosimeter (Best medical Canada)



MOSFETS

Schematic cross section of a P-channel MOSFET



When the MOSFET is irradiated, electron-hole pairs are formed in the oxide insulation layer.

Electrons migrate to gate, hole pairs migrate to oxide-silicon interface and are trapped.

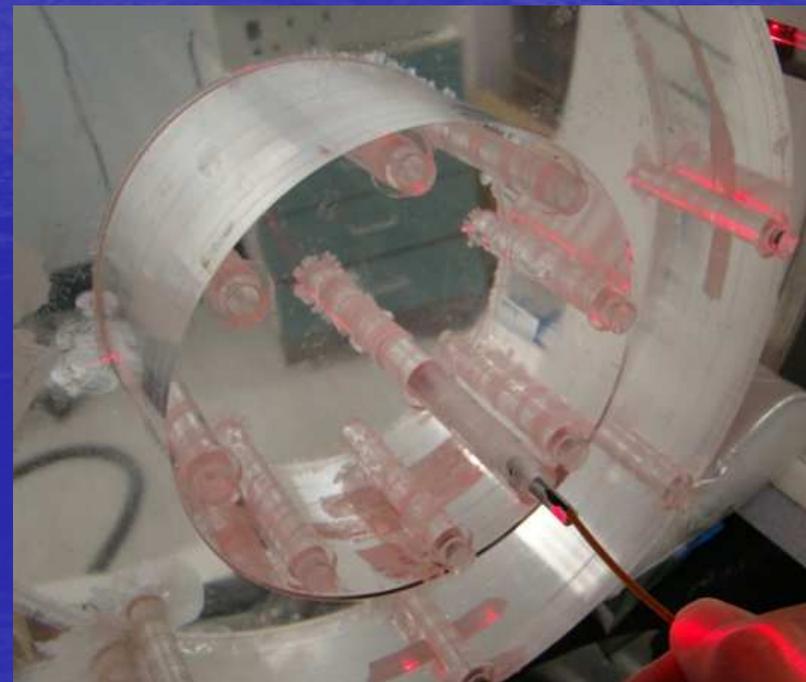
p.d across device is proportional to the trapped positive charge at oxide-silicon interface.

Soubra M. , J. Cygler, and G. Mackay, "Evaluation of a dual bias dual metal oxide-silicon semiconductor field effect transistor detector as radiation dosimeter," Med. Phys. 21, 567–572 (1994).

Characterising MOSFETS

- Linearity
- Angular dependence
- Energy dependence
- MOSFET Calibration with dose

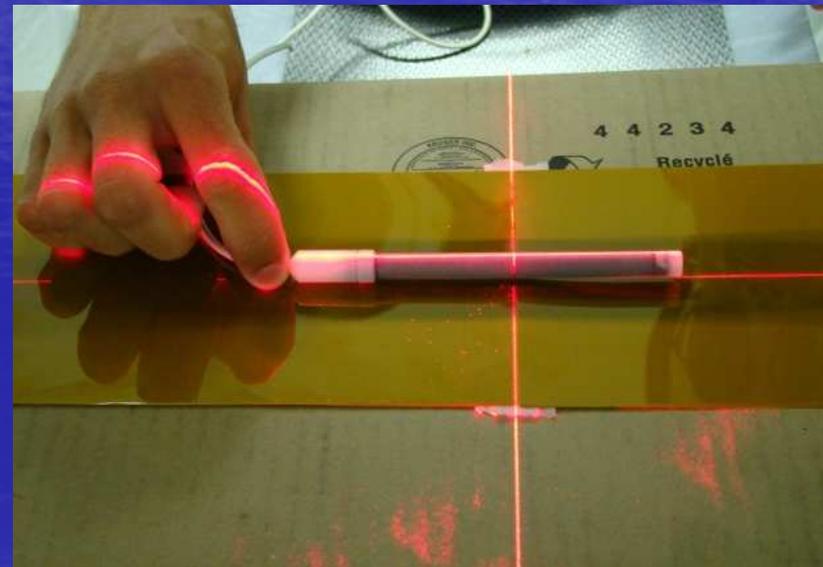
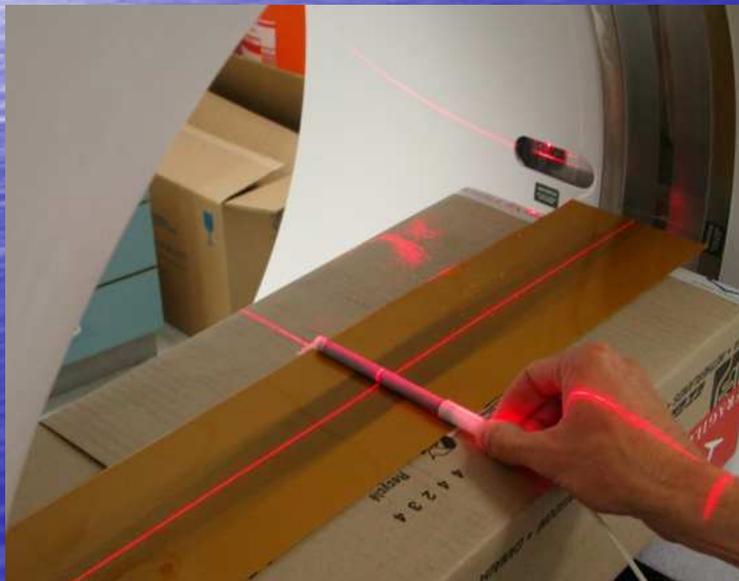
Chamber/MOSFET set-up



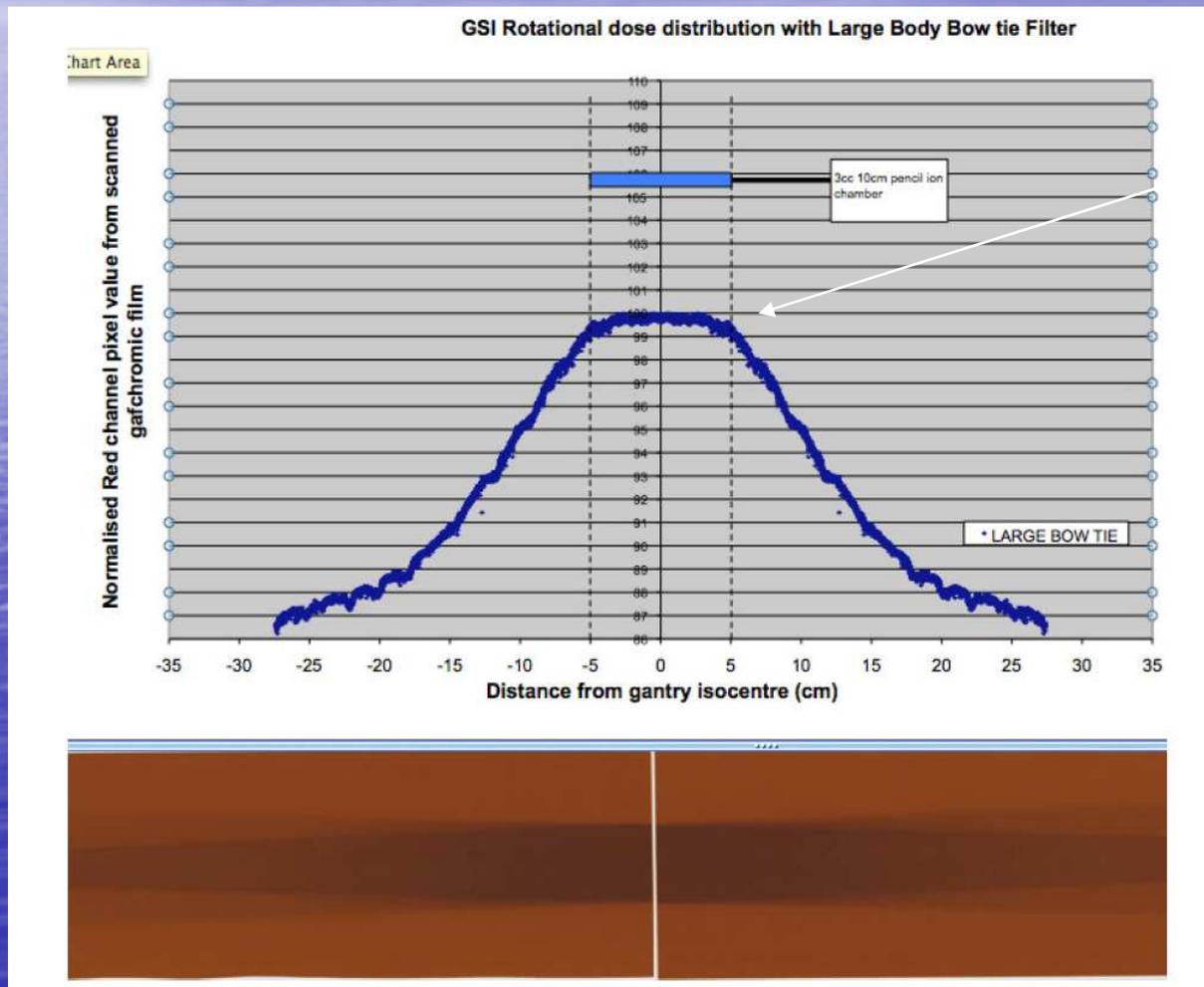
Ion chamber dosimetry

Other Authors used standard X-ray units with additional filtration to calibrate MOSFETS.

We wanted to use CT scanner... but problems to overcome



Can we use the 3cc pencil chamber for calibrating MOSFETS?



Slight loss $\sim 1\%$ over last 2cm of each tail.

Linearity

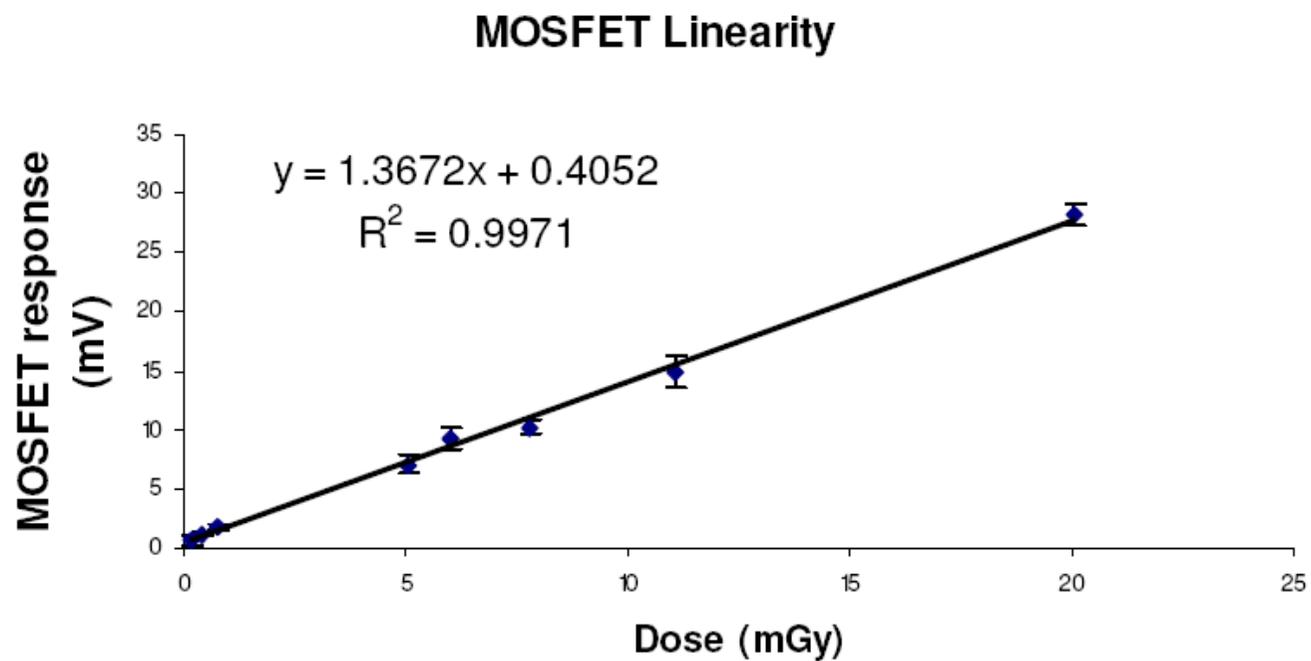
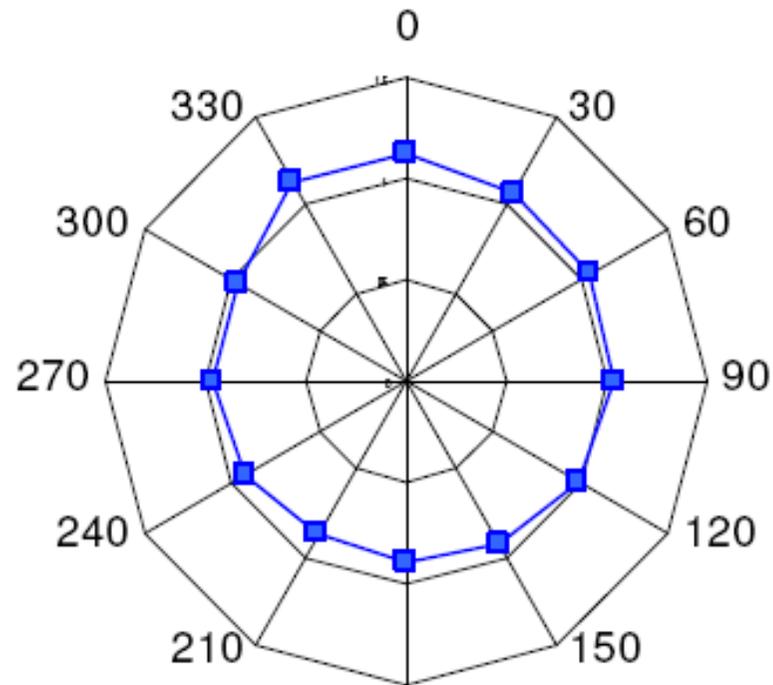


Fig 19: Threshold voltage versus dose: The threshold voltage increases linearly with the applied dose for GSI exposure setting.

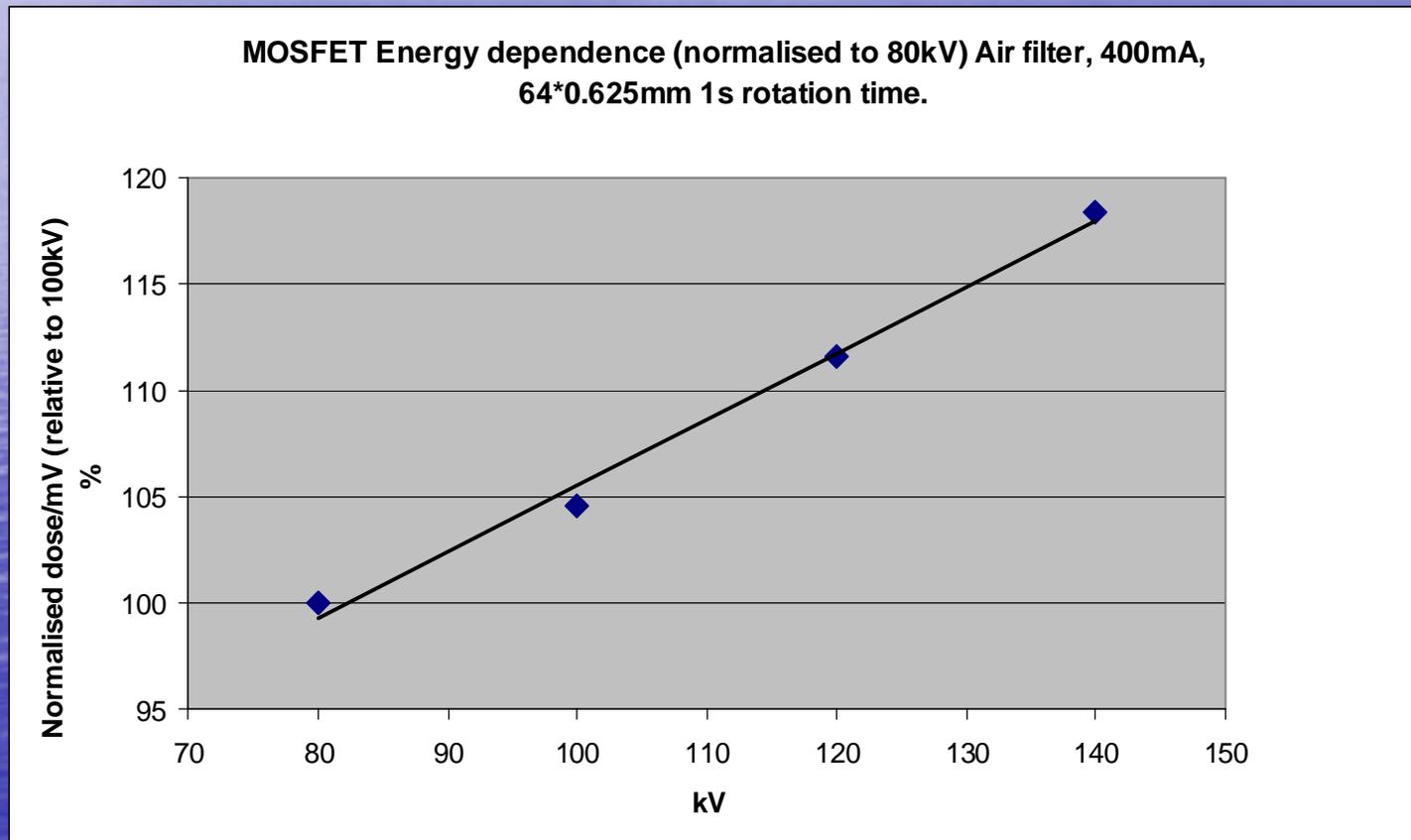
Angular dependence

(centre of 32cm CTDI phantom)

The MOSFET angular response normalised to the mean



Energy dependence



Calibration

MOSFETs No.	Calibration Factor (cGy/ mV)	Relative Standard Error (%)
254-1	0.062	4.216
254-2	0.058	6.631
254-3	0.057	2.489
254-4	0.061	7.247
254-5	0.063	0.840
253-1	0.056	14.584
253-2	0.045	13.982
253-3	0.052	19.924
253-4	0.066	20.197
253-5	0.040	10.403

Table 11: MOSFET Calibration factors

Chosen protocol

Protocol	GSI 15	Current	640 mA
Imaging mode	Axial mode	Slice collimation	16x 2.5 (40 mm)
Scan length	160 mm	Focal Spot	Large
Tube status	Rotating	Bow-tie filter	Large
Tube rotation time	0.6 sec	CTDI_{vol}	21.5 mGy
Peak voltage	80~140 kVp	DLP	344 mGy-cm

Table 2: Imaging parameters for GSI 15 protocol

NB: optimisation of scan protocols relatively inflexible (can't adjust KV or mA). User can chose pitch or exposure time.

MOSFET positioning

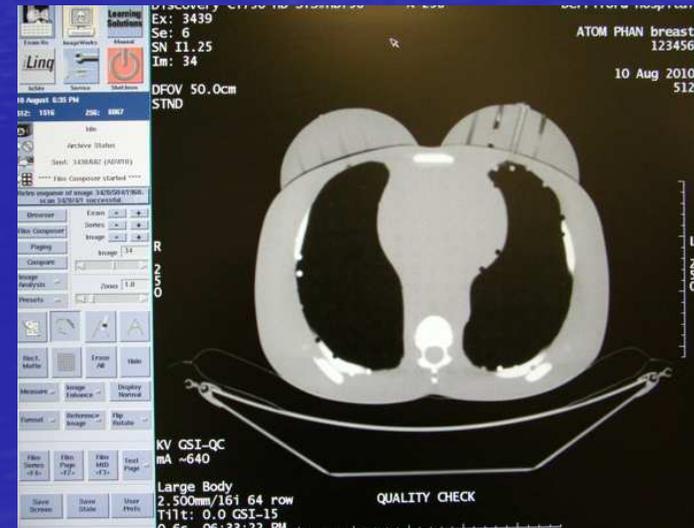
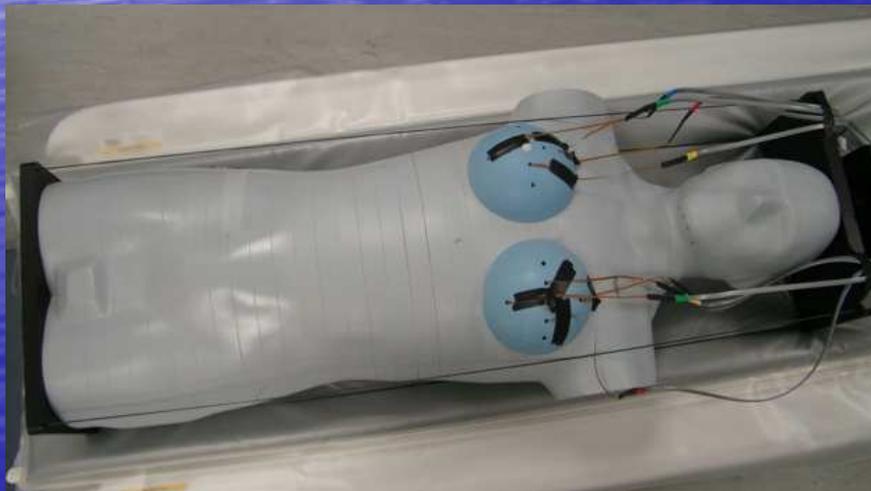
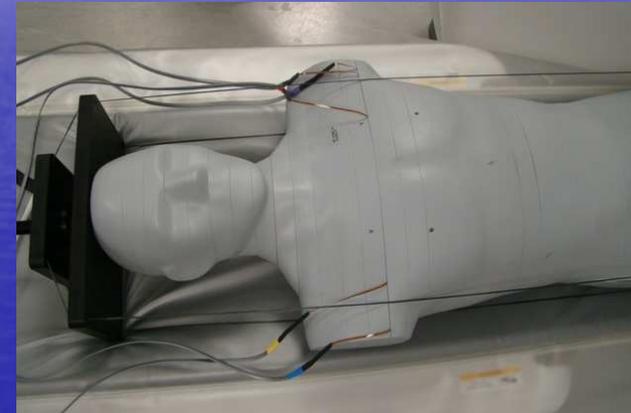
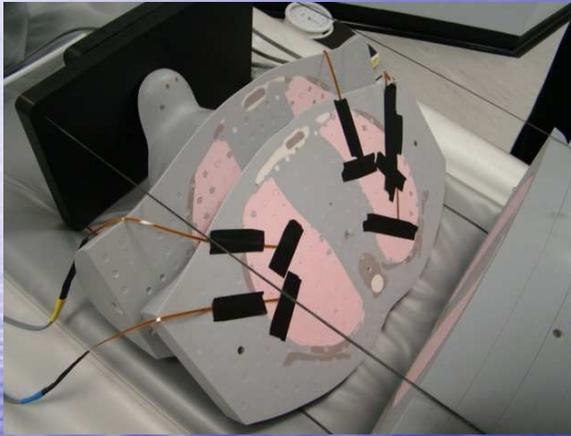
Lung (33 points)	Stomach (13 points)	Esophagus	Breasts (8 points)
12 ($\pm 6, 0$)	21 (0, 0); 21 (-7, 0); 21 (-7, 5)	15 (0, -2)	Displayed in Fig 11
13 ($\pm 7, 0$)	22 (-6, 6); 22 (0, 0); 22 (-6, 0); 22 (0, 6)	17 (0, -2)	
14 ($\pm 9, 0$); 14 ($\pm 6, 3$); 14 ($\pm 6, -4$)	23 (-6, 6); 23 (0, 6); 23 (-6, 0)		
15 ($\pm 9, 0$); 15 ($\pm 7, 4$); 15 ($\pm 8, -5$)	24 ($\pm 3, 6$)		
16 ($\pm 9, 0$); 16 ($\pm 10, -5$); 16 (7, 4)	25 (3, 6)		
17 (9, 0); 17 (7, 5); 17 ($\pm 6, -4$)			
18 (9, 0); 18 ($\pm 5, -4$)			
9 (9, 0); 19 ($\pm 6, -3$)			
20 ($\pm 6, -4$)			

Table 8: Organs points measurements locations

Could not attain organ loading coordinates for ATOM phantom... Used loading pattern for a RANDO phantom by Scalzetti et al.

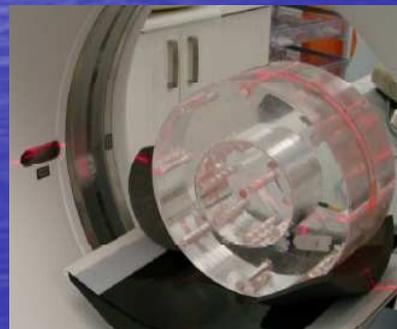
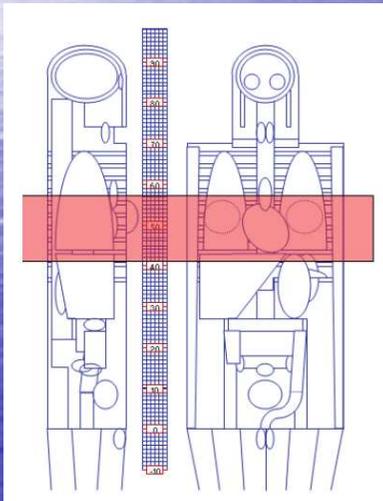
Scalzetti, Ernest M.; Huda, Walter; Bhatt, Shashank; Ogden, Kent M. A Method To Obtain Mean Organ Doses in A Rando Phantom. Volume 95 (2). 241-244.(2008)

MOSFET positioning (patience!)



ImPACT dosimetry

GSI 15	Current	640 mA
Axial mode	Slice collimation	16ix 2.5 (40 mm)
160 mm	Focal Spot	Large
Rotating	Bow-tie filter	Large
0.6 sec	CTDI_{vol}	21.5 mGy
80~140 kVp	DLP	344 mGy-cm



ImPACT CT Patient Dosimetry Calculator
Version 1.0 28/08/2009

Scanner Model: Manufacturer: GE Scanner: GEHD750 GSI 15 kV: 140 Scan Region: Body Data Set: MCSET22 Current Data: MCSET22 Scan range: Start Position: 42 cm End Position: 58 cm		Acquisition Parameters: Tube current: 640 mA Rotation time: 0.6 s Spiral pitch: 1 mAs / Rotation: 384 mAs Effective mAs: 384 mAs Collimation: mm Rel. CTDI: 1.00 (assumed) CTDI (air): 15.5 mGy/100mAs CTDI (soft tissue): 16.6 mGy/100mAs CTDI _w : 5.5 mGy/100mAs																																																																																																															
Organ weighting scheme: ICRP 103		Summary: CTDI _w : 21.1 mGy CTDI _{vol} : 21.1 mGy DLP: 337 mGy-cm																																																																																																															
<table border="1"> <thead> <tr> <th>Organ</th> <th>w_T</th> <th>H_T (mGy)</th> <th>w_T·H_T</th> </tr> </thead> <tbody> <tr><td>Gonads</td><td>0.08</td><td>0.022</td><td>0.0018</td></tr> <tr><td>Bone Marrow</td><td>0.12</td><td>4.3</td><td>0.52</td></tr> <tr><td>Colon</td><td>0.12</td><td>0.14</td><td>0.017</td></tr> <tr><td>Lung</td><td>0.12</td><td>22</td><td>2.6</td></tr> <tr><td>Stomach</td><td>0.12</td><td>3.2</td><td>0.39</td></tr> <tr><td>Bladder</td><td>0.04</td><td>0.01</td><td>0.0004</td></tr> <tr><td>Breast</td><td>0.12</td><td>23</td><td>2.8</td></tr> <tr><td>Liver</td><td>0.04</td><td>5.5</td><td>0.22</td></tr> <tr><td>Oesophagus (Thymus)</td><td>0.04</td><td>21</td><td>0.86</td></tr> <tr><td>Thyroid</td><td>0.04</td><td>0.59</td><td>0.024</td></tr> <tr><td>Skin</td><td>0.01</td><td>3.4</td><td>0.034</td></tr> <tr><td>Bone Surface</td><td>0.01</td><td>9.2</td><td>0.092</td></tr> <tr><td>Brain</td><td>0.01</td><td>0.021</td><td>0.00021</td></tr> <tr><td>Salivary Glands (Brain)</td><td>0.01</td><td>0.021</td><td>0.00021</td></tr> <tr><td>Remainder</td><td>0.12</td><td>5.5</td><td>0.66</td></tr> <tr><td>Not Applicable</td><td>0</td><td>0</td><td>0</td></tr> <tr><td>Total Effective Dose (mSv)</td><td></td><td></td><td>8.2</td></tr> </tbody> </table>	Organ	w _T	H _T (mGy)	w _T ·H _T	Gonads	0.08	0.022	0.0018	Bone Marrow	0.12	4.3	0.52	Colon	0.12	0.14	0.017	Lung	0.12	22	2.6	Stomach	0.12	3.2	0.39	Bladder	0.04	0.01	0.0004	Breast	0.12	23	2.8	Liver	0.04	5.5	0.22	Oesophagus (Thymus)	0.04	21	0.86	Thyroid	0.04	0.59	0.024	Skin	0.01	3.4	0.034	Bone Surface	0.01	9.2	0.092	Brain	0.01	0.021	0.00021	Salivary Glands (Brain)	0.01	0.021	0.00021	Remainder	0.12	5.5	0.66	Not Applicable	0	0	0	Total Effective Dose (mSv)			8.2	<table border="1"> <thead> <tr> <th>Remainder Organs</th> <th>H_T (mGy)</th> </tr> </thead> <tbody> <tr><td>Adrenals</td><td>6.5</td></tr> <tr><td>Small Intestine</td><td>0.16</td></tr> <tr><td>Kidney</td><td>1.1</td></tr> <tr><td>Pancreas</td><td>4.2</td></tr> <tr><td>Spleen</td><td>3.7</td></tr> <tr><td>Thymus</td><td>21</td></tr> <tr><td>Uterus / Prostate (Bladder)</td><td>0.022</td></tr> <tr><td>Muscle</td><td>3.2</td></tr> <tr><td>Gall Bladder</td><td>1.3</td></tr> <tr><td>Heart</td><td>26</td></tr> <tr><td>ET region (Thyroid)</td><td>0.59</td></tr> <tr><td>Lymph nodes (Muscle)</td><td>3.2</td></tr> <tr><td>Oral mucosa (Brain)</td><td>0.021</td></tr> <tr><td>Other organs of interest</td><td>H_T (mGy)</td></tr> <tr><td>Eye lenses</td><td>0.047</td></tr> <tr><td>Testes</td><td>0.0011</td></tr> <tr><td>Ovaries</td><td>0.043</td></tr> <tr><td>Uterus</td><td>0.034</td></tr> <tr><td>Prostate</td><td>0.01</td></tr> </tbody> </table>	Remainder Organs	H _T (mGy)	Adrenals	6.5	Small Intestine	0.16	Kidney	1.1	Pancreas	4.2	Spleen	3.7	Thymus	21	Uterus / Prostate (Bladder)	0.022	Muscle	3.2	Gall Bladder	1.3	Heart	26	ET region (Thyroid)	0.59	Lymph nodes (Muscle)	3.2	Oral mucosa (Brain)	0.021	Other organs of interest	H_T (mGy)	Eye lenses	0.047	Testes	0.0011	Ovaries	0.043	Uterus	0.034	Prostate	0.01
Organ	w _T	H _T (mGy)	w _T ·H _T																																																																																																														
Gonads	0.08	0.022	0.0018																																																																																																														
Bone Marrow	0.12	4.3	0.52																																																																																																														
Colon	0.12	0.14	0.017																																																																																																														
Lung	0.12	22	2.6																																																																																																														
Stomach	0.12	3.2	0.39																																																																																																														
Bladder	0.04	0.01	0.0004																																																																																																														
Breast	0.12	23	2.8																																																																																																														
Liver	0.04	5.5	0.22																																																																																																														
Oesophagus (Thymus)	0.04	21	0.86																																																																																																														
Thyroid	0.04	0.59	0.024																																																																																																														
Skin	0.01	3.4	0.034																																																																																																														
Bone Surface	0.01	9.2	0.092																																																																																																														
Brain	0.01	0.021	0.00021																																																																																																														
Salivary Glands (Brain)	0.01	0.021	0.00021																																																																																																														
Remainder	0.12	5.5	0.66																																																																																																														
Not Applicable	0	0	0																																																																																																														
Total Effective Dose (mSv)			8.2																																																																																																														
Remainder Organs	H _T (mGy)																																																																																																																
Adrenals	6.5																																																																																																																
Small Intestine	0.16																																																																																																																
Kidney	1.1																																																																																																																
Pancreas	4.2																																																																																																																
Spleen	3.7																																																																																																																
Thymus	21																																																																																																																
Uterus / Prostate (Bladder)	0.022																																																																																																																
Muscle	3.2																																																																																																																
Gall Bladder	1.3																																																																																																																
Heart	26																																																																																																																
ET region (Thyroid)	0.59																																																																																																																
Lymph nodes (Muscle)	3.2																																																																																																																
Oral mucosa (Brain)	0.021																																																																																																																
Other organs of interest	H_T (mGy)																																																																																																																
Eye lenses	0.047																																																																																																																
Testes	0.0011																																																																																																																
Ovaries	0.043																																																																																																																
Uterus	0.034																																																																																																																
Prostate	0.01																																																																																																																
Scan Description / Comments: GSI 15 Cardiac example 160mm coverage																																																																																																																	

CTDI (Body, mGy/100mAs)			ImPACT Factor		Scanner Match			
Air	Centre	Perip	Head	Body			Head	Body
15.5	3.1	6.7	0.39	0.89	3	12	4	22

MOSFET vs ImPACT

Organs	Measured (cGy)	Calculated (cGy)	Percentage difference (%)
LUNG	1.54	2.00	-22.88
BREAST	1.53	2.20	-30.62
STOMACH	0.29	0.34	-15.63
Oesophagus	1.47	1.80	-18.44

Table 13: Comparison of average organ doses between Im-PACT and point measurement using MOSFET

Discrepancy ??

- MOSFETs appear to under-read organ doses by 15-30% (30% breast) for GSI....

Possible causes...

1. Difference in Phantom (ATOM vs RANDO vs CRISTY)
2. MOSFET Loading pattern
3. MOSFET calibration
4. MOSFET X-talk for rapid kV switching?
5. Energy dependence?
6. High uncertainty for low dose (diagnostic examinations).

LAR for "Cardiac GSI"

ED~8mSv,

Age (Y)	Male		Female		Breast
	Stomach	Lung	Stomach	Lung	
30	1	16	1	37	39
50	1	16	1	35	11
80	0	5	0	12	1

Table 14: Estimates of LAR for Cancer after performing DECT examination (GSI 15) on the heart.

~1/2500

Just for fun... ED measured for a proposed GSI renal exam for kidney stone classification. Single 40mm Axial slice centred over the kidneys ~1.5mSv.

Conclusions 1

- Dual Energy and Spectral imaging are emerging technology. We have new toys, but what can they tell us?
- They have promised to significantly improve classification of ROI's. The question is, who provides the "key"!
- "Monochromatic images, allow the operator to optimise the image for "radiographic contrast" without the need for repeat exposure.
- To introduce properly into the UK market we need to Justify on an exam by exam basis.
- How can a radiologist justify a new technique if the benefits are unproven?
- Rapid switching of kV in patient dosimetry presents significant challenges to Diagnostic Physicists.
- MOSFETS have high Energy dependence
- Calibration is tricky on a CT scanner
- Uncertainty in measurement appears high at diagnostic energies.
- Further work is required.

A final thought...



FACEBOOK

You're doing it wrong.

We must at least attempt to keep up with emerging developments in CT !